



Highways to Senior Health



Join us for our Second Annual Senior Health and Nutrition fair brought to you by the West Side Health Care Task Force. Organizations dedicated to the health and nutrition within the community will be present to offer information. We will have fitness and cooking presentations, a vendor fair as well as giveaways and refreshments free of charge, don't miss out!



Monday, September 30
12:30-2:30

Hammon Senior Center
1033 W. Las Palmas Ave. Patterson, CA 95363



- Vendors
- Healthy snacks
- Guest Speakers
- Fitness Demos
- Giveaways
- Cooking Demos

